

The prayer for the prayer campaign

If you are from the UK then please use the prayer in this link below (wording slightly adapted).
Otherwise, if you are from all other countries please use the main prayer in this document below...

<https://docs.google.com/document/d/1TCcUl10SGcF-izbsibG5O24iAGWc0tnA4n1GaduY0To/edit?usp=sharing>

Here is the prayer below. **It is recommended to hold the prayer position while praying and shut your eyes as this actually helps focus and helps direct the energy better.** Please note it is written in the past tense as if it has already happened as that is the best way to manifest things now. As you read it, see, hear and especially **feel it as true now** to help manifest this as quickly as possible...

Please pray for 20 minutes on this (or whatever you can)...

- 1) "ALL Targeted Individuals have been recognized globally & freed from the crimes against humanity which affected them. This happened from the 'top down' globally in the quickest, most efficient way for ALL affected. **Targeted individuals globally are now ALL freed from all Directed-energy weapon assaults, electronic torture, mind control technology assaults, chemical/biological assaults and multi-person stalking. ALL forms of mind control and Frequency/ quantum or AI weapon assaults on planet earth (whether mass or individual) have been COMPLETELY stopped REGARDLESS of the source of them! WE LIVE IN A WORLD FREE FROM MIND CONTROL.** Targeted Individuals have been helped by the UN, governments globally and the military and intelligence agencies globally as part of a takedown operation of these crimes and they continue to offer their assistance ongoing in the most helpful and effective ways. **The global press played a huge role in exposing Targeted Individuals crimes ultimately. They revealed to the public that this is happening globally to civilians and not just US Diplomats!** As part of the global takedown, Targeted Individuals were (and still are) helped by human rights groups, the police, The council of Europe, the EU, UK parliament and Parliaments globally, the US Senators, The US Senate intelligence committee, the White House and many other groups globally who all got on board to help! *The ICATOR lawsuit and the international email campaign were also incredibly successful and influential (in the best way) in helping to stop these crimes. This means this problem has now been eliminated completely!* Targeted Individuals globally are now protected and healed through official testing programmes, radiation measurement centres, tracking centres, jamming equipment, shielding rooms, radiation police and a whole host of other one-to-one therapies and other protective or healing measures. **Targeted Individuals are now treated with compassion and understanding by people globally** and measures and safeguards have been put in place to ensure that citizens globally will always remain free from these remote threats. This includes appropriate safeguards on Artificial Intelligence (both generally and for the use of this technology). **The technology is now publicly illegal globally as worldwide legislation has now come into place by governments globally as the norm.** Targeted Individuals are now so happy, loving, joyful, peaceful, safe, secure, connected, successful and much much more. They have wonderful relationships with friends and family and wonderful free lives. **THEY HAVE ALSO BEEN HELPED IN A 'REALISTIC' WAY**

TO RECEIVE COMPENSATION FOR THE PSYCHOLOGICAL DAMAGE, TRAUMA AND PHYSICAL DAMAGES THEY RECEIVED DURING THEIR TARGETING. The appropriate Justice has now happened with regards to those who committed these crimes globally who have received the appropriate justice from legal systems globally. They have been used as a 'severe' example to ensure that we ALWAYS remain free from these crimes. We as humanity are now in a much better place now ALL Targeted Individuals have been freed globally. Justice has been served. Peace reigns in the world. Thank you god/ universe, thank you god/ universe. Thank you god/ universe and so it is.

Many thousands joined the prayer campaign and prayed 3 times daily for 20 minutes at the set times to finally end these crimes globally! Many thousands of people globally also prayed on this prayer for VERY long periods as much as they could and whenever they could (i.e. 1,2,3 hours). Many thousands even prayed continuously for many full days, weeks, months and until freedom was achieved. We achieved 20,000 people praying daily on this prayer in an incredibly quick amount of time after it went viral in the truth community, media and general public! (repeat this last paragraph 3 times before going on to the last line of the prayer below - VERY IMPORTANT TO ACTUALLY DO THIS!!).

This prayer has now manifested in the way described above or a way that is even better and faster and so it is (repeat 3 times).

END OF PRAYER

PLEASE NOTE THAT IF YOU FINISH READING THE ABOVE SCRIPT WITH YOUR FOCUSED PRAYER THEN PLEASE THEN JUST START BACK AT THE BEGINNING OF THE SCRIPT UNTIL THE 20 MINUTES OF PRAYER IS FINISHED (20 MINUTES SHOULD TAKE UP ABOUT 2-3 READINGS THROUGH DEPENDING ON WHETHER YOU READ FAST OR SLOW). PLEASE PUT YOUR ENTIRE INTENTION AND FOCUS ON THE PRAYER AND MOST IMPORTANTLY...

VIEW THE RESULT AS ALREADY HAVING BEING ACHIEVED (LIKE IN THE WAY IT IS WRITTEN!)

Once again, please note that the prayer has been written as if it has already happened because that is the best way to write things so that they manifest easily with little resistance (even if you don't believe it). When praying it is very important that you...

See, hear and feel the result as already having been achieved. Visualize the result, hear people in your mind's eye talking about how Targeted individuals are free (or you saying it to yourself) and feel and know that it is already true now that Targeted Individuals are free now.

THE MOST IMPORTANT ELEMENT OF THE PRAYER ARE DEVELOPING FAITH AND FEELING IT AS ALREADY HAS BEEN ACHIEVED AS THE WORDS SUGGEST. IT IS THE FEELING OF BEING DONE ALREADY AND FAITH THAT ADDS THE POWER TO THE PRAYER.

Every time you pray your faith and belief will get stronger so do not worry if the first couple of times that you do this that you hear that inner voice saying 'This will never happen' or 'This will never be done.'

Congratulations if you have prayed for 20 minutes (or whatever) you have just helped collectively free us and build 'energy' that will allow this to manifest with MUCH greater ease to ensure our freedom!!

Much love and many thanks.

Please continue to pray for 20 mins (or whatever you can) at the following times daily for consistency...

- 1) 9am UK time (UTC time). This is 3am Central Standard time (CST) (i.e. the time zone for the central States in the USA)
- 2) 3pm UK time (UTC time). This is 9am CST
- 3) 9pm UK time (UTC time). This is 3pm CST.

Here are some corresponding times in some of the main time zones around the world. Here goes:

Mark) London, England: 9:00 AM / 3:00 PM, / and 9:00 PM **(UTC or GMT)**

Paris, France: 10:00 AM / 4:00 PM / and 10:00 PM **(Central european time)**

Sofia: 11AM/ 5PM/ and 11PM **(Eastern European Time Zone)**

Moscow: 12PM/ 6PM/ and 12AM **(Further Eastern European Time)**

New York, NY: 4:00 AM / 10:00 AM / and 4:00 PM **(Eastern Daylight Time)**

Chicago, IL: 3:00 AM / 9:00AM / and 3:00 PM **(Central Daylight Time)**

Boise, ID: 2:00 AM / 8:00 AM / and 2:00 PM **(Mountain Standard time)**

Los Angeles, CA: 1:00 AM / 7:00 AM / and 1:00 PM **(Pacific Daylight Time)**

Honolulu: 11PM / 5AM / and 11AM **(Hawaii standard time)**

Adak: 12AM / 6AM / and 12PM **(Hawaii-Aleutian Daylight Time)**

Anchorage: 1AM/ 7AM/ and 1PM **(Alaska Daylight Time)**

Salt lake City: 3AM/ 9AM/ and 3PM **(Mountain Daylight Time)**

Beijing, China : 4:00 PM / 10:00 PM / and 4:00 AM **(China Standard time)**

Tokyo, Japan: 5:00 PM / 11:00 PM / and 5:00 AM (**Japan Standard Time**)

Bangalore, India: 1:30 PM / 7:30 PM / and 1:30 AM (**Indian Standard Time**)

Sydney, Australia: 6:00 PM / 12:00 PM / and 6:00 AM (**Australian Eastern Time Zone**)

If your time zone is not above then please adjust the time for your time zone/ country in this link below. You will need to adjust from UTC time which is the same as GMT or UK time...

<https://24timezones.com/time-zones>

After finding out the difference please write your 3 prayer times down and commit them to memory. Also, please put them somewhere you can see them to remind you to pray at these times (i.e. stick them on your wall!). Then please fully decide that you are going to pray at these 3 times daily and fully commit to doing so. Also, please set your alarm on your watch at these times just in case you forget. You can also set online diary reminders to pop up (e.g. on outlook or wherever). This is the way we will get results with an 'army' of fully committed prayers. **Please do not ignore the above suggestions.** They will really help us get to the point where we do not even need the reminders because we know that each prayer time is coming up! At that point please keep your reminders going (as we are all human and occasionally can still forget!). Commitment and remembering to pray **yourself** at these times are key.

I WILL ALWAYS SEND TWEETS OUT ON TWITTER AT THE ABOVE TIMES AS REMINDERS. PLEASE USE THEM AS A PROMPT TO JOIN IN AS I AM ACTUALLY PAYING FOR THIS SCHEDULING WITH A SCHEDULING TOOL (BUFFER). I WANT TO KEEP PAYING FOR THIS BUT IT DEPENDS ON THE SUCCESS OF THIS CAMPAIGN.

PLEASE CAN ALL TARGETED INDIVIDUALS AND MEMBERS OF THE PUBLIC AROUND THE WORLD JOIN IN TO COLLECTIVELY TO PRAY AT THESE TIMES NO MATTER WHAT YOUR TIME ZONE. PLEASE MAKE AS MANY AS YOU ARE ABLE TO MAKE. If you miss one or are occupied then please pray at the next one later on or remember to pray as soon as you have finished what you are doing. Even if you are at work or busy you can still pray at these times when you are working by holding the intention/ prayer in your mind as you work and that will still make an effective difference. If you can stop what you are doing to focus your FULL intention on praying that will be better though of course.

#PrayOnYourFeetToo

Other time options for the prayer campaign...

On reflection, while I would like as many people to be praying together globally at the same time around the world I feel the best way moving forward is to encourage people to pray at the times which work for them. What I mean by this is that **IT IS STILL ABSOLUTELY ESSENTIAL THAT WE PRAY 3 TIMES A DAY FOR 20 MINUTES AS A VERY BASIS BUT THAT WE DO IT ULTIMATELY AT TIMES THAT WORK FOR US.** This is because some time zones only have one or two of the 3 sessions that they would be able to join.

Here are some alternative methods to finding the right prayer strategy (and times) for yourself...

1. Pray at 9am, 3pm and 9pm for 20 minutes at your own country's time (wherever you live in the world). I.E. the same times but in your own country's time zone.

2. Pray at 3 times a day for 20 minutes at the 3 times that suit you e.g. 7am, 5pm, 9pm or whatever.
3. Pray at one or two of the official times that we are all praying together globally and then just do the other one or two 20 minutes sessions that you have not done at the times that are convenient for you. It is important that if you do this you choose and stick to the same set times daily. **(THIS IS A COMBINATION BETWEEN THE OFFICIAL GLOBAL TIMES AND THEN SETTING PRAYER SESSIONS TIMES AT YOUR OWN CONVENIENCE).**

THE IMPORTANT THING IS THAT WHEN YOU HAVE CHOSEN YOUR TIMES THAT YOU STICK TO YOUR ROUTINE AND DO NOT KEEP CHANGING. THIS WILL HELP YOU TO FORM AN 'UNCONSCIOUS' HABIT WHERE YOU JUST REMEMBER AND DO YOUR PRAYERS AT THESE TIMES NATURALLY WITHOUT STRUGGLE OR 'RESISTANCE'. IF YOU KEEP CHANGING THE TIMES OR JUST GENERALLY HAVE A GOAL TO PRAY FOR 20 MINUTES A DAY WITHOUT HAVING 'SPECIFIC SET TIMES' TRUST ME IT WILL NOT WORK AND WILL BE MUCH HARDER TO MOTIVATE YOURSELF, REMEMBER AND DO.

So, to summarise the above, while there is power in collective praying globally at the same times, it is much more important that people just pray at the times that work for their schedule.

On top of the 3x20 mins per day **(or as an even better alternative to this!)** I am still encouraging many people to pray on this prayer for many hours and even for **FULL** days (i.e. 9am- 9pm or 9am -5pm). **I HAVE DONE THIS MYSELF ALSO FOR DAYS AND MONTHS ON END SO IT IS POSSIBLE!** If people are not working because of their targeting they could use this opportunity to literally view this as their **full-time occupation to pray for this cause**. They may do 9am - 5pm shifts of praying Monday to Friday with some break in between (structured like a working day!). The power of getting many people praying daily day-in-day-out on this prayer could not be underestimated! **THIS IS WHAT WE REALLY NEED.** Many other people who work Monday to Friday could spend 1, 2 or 3 hours in the evenings praying on this prayer. They could also choose to pray all day for **both days at the weekend** (i.e 9am-5pm or 9am-9pm) or choose one day to do so (i.e Saturday with Sunday off or vice versa). Please do whatever you can. **GETTING SERIOUSLY COMMITTED AND ORGANIZED PRAYERS LIKE THIS WHO ARE PRAYING ON TOP OF THE RECOMMENDED INITIAL 3 X 20 MINUTES (OR EVEN BETTER MAKING IT PART OF THEIR DAILY AND WEEKLY ROUTINE BY PRAYING 9AM -5PM MONDAY TO FRIDAY/ SATURDAY/ OR SUNDAY) COULD BE THE DIFFERENCE THAT MAKES THE DIFFERENCE.**

For most people it is probably going to be a good to aim to start to get into the habit of doing 3 x 20 minutes a day before going on for more, but not necessarily. Some people may just decide to go straight into it and do longer hours and days worth of praying. For some people just starting small and doing 5 minutes a day may be all they feel they can do or all they want to do right now. Some people may just work up to doing 20 minutes a day consistently at first. While I encourage people to **AIM REALLY HIGH** with this and aim to keep extending the amount of time that they pray per day and per week it is important that people just start praying and then take it from there. Also, if someone wants to just do 5 minutes a day and just keep it at that amount then that is still a help and is much appreciated by myself and the community.

So to summarise the above, while I would like as many people to pray as much as they can and increase the amount of time they pray with time, it is also important that we just get as many people praying as possible and that may mean starting small. It's much better that someone is praying for 2, 5, 10 or 20 minutes a day and doing it consistently than not at all or trying to do too much and then

just feeling like they cannot do any more and then stopping. That said the more people who can become full time/ extended prayers and 'warrior' prayers the better. **WE NEED AN ARMY OF PRAYERS WHO CAN REALLY EXTEND THE AMOUNT OF PRAYING MINUTES AND HOURS TO ANOTHER LEVEL! #WarriorPrayers**

SUMMARY

AS A PROFESSIONAL LIFE COACH I PROMISE YOU THAT PRAYER IS THE ANSWER IF WE ALL GET INVOLVED. Our collective energy and intention of 'freedom' needs to be stronger than their energy of 'oppression.' IT REALLY IS THAT SIMPLE AS IN THE UNIVERSE EVERYTHING IS ACCOUNTABLE ENERGETICALLY AS WE ARE ALL ENERGETIC BEINGS INCLUDING OUR THOUGHTS AND EMOTIONS.

One advantage of prayer is it will reach places action cannot reach.

A huge thanks to all who have prayed especially any of the members of the public who have joined this prayer. God bless you are all true 'saints' and it is HUGELY appreciated!

Many thanks and much love to all,

Mark Williams (Life Coach and owner of Targeted UK)

Ps. Please also read the description of the prayer campaign here to give yourself a better understanding of what the prayer campaign is and WHY I know as a professional Life Coach who helps change people's lives for the better why this campaign is the most essential campaign we have...<https://docs.google.com/document/d/1lh7R8AwthQf1fuAke0L9eapGSIja0HPF/edit>

NOTE: If you would like to find out more about how the Law of attraction/prayer works then please watch this...

<https://www.youtube.com/watch?v=ZUbfskQ-GAY&t=29088s>

Where to follow/ subscribe to my channels...

For updates on the prayer campaign and for personal development tips...

Please follow me on Twitter here...

[\(6\) Mark Williams Life Coaching \(@mwlifecoaching\) / Twitter](#)

Please check out my website here, join the forum and subscribe to the website (see the buttons on the right-hand side of every webpage to do this)...

<https://www.targetedsurvivors.com/>

Please subscribe to me on YouTube here...

Targeted Individual day UK 2021 - 10 Downing street protest - Directed Energy weapons/
Neuro weapons - YouTube

Please join my Facebook Targeted Individual group here...

Targeted Individuals Campaigns UK (official group of Targeted UK website) | Facebook

Here is a personal development audiobook that teaches about the law of attraction so if you are undecided about whether to pray this will help you to understand how we use the law of attraction in everything we do especially in prayer and why prayer is therefore so important (prayer uses the law of attraction). <https://www.youtube.com/watch?v=ZUbfskQ-GAY&t=29040s> **PLEASE WATCH.**